M.A. PSYCHOLOGY

[SEMESTER EXAM]

SYLLABUS

2023-2025

School of Studies in Psychology

Pt. Ravishankar Shukla University, Raipur

M.A. Psychology Syllabus
w.e.f. July, 2023-2025

VISION

To prepare competent psychologists who would excel in knowledge, orientation and practice of psychology, with high ethical standards and social relevance.

OBJECTIVES

1. To create a strong research oriented theoretical foundation in consonance with recent advances in the discipline of psychology.
2. To enable students to take a creative, empirical and ethical approach to the program that combines conceptual repertoire and research practices in both quantitative and qualitative traditions.
3. To provide an opportunity to extend the knowledge base to the world of practice with a view to promote healthy interface between academia and society.

Programme Structure

The M.A. Psychology Programme divided into two Semesters to be known as Semester – 1 and Semester -2.

		Semester – 1	Semester – 2
Part I	First Year	Semester – I -1	Semester – I – 2
Part II	Second Year	Semester – II-1	Semester – II- 2

The schedule of papers prescribed for all semesters shall be as follows:

SEMESTER – I & SEMESTER – II

NOTE:

1. Each paper will carry 100 marks (80 marks for theory and 20 marks for internal assessment).

2. Each practicum course shall consist of 100 marks, which would include written record 25 marks, conduction of lab practical in exam 50 marks and viva-voce 25 marks.

SCHEME OF EXAMINATION

1. English and Hindi shall be the medium of instruction and examination.

2. Examinations shall be conducted at the end of each Semester as per the Academic Calendar notified by the University.

3. The System of evaluation shall be as follows:

   ● Each paper will carry 80 marks, and 20 marks for the Internal Assessment based on classroom participation, seminar, **class test,** viva-voce, field and laboratory work, practical and attendance. The weight age given to each of these components shall be decided and announced at the beginning of the semester by the individual teacher responsible for the course.

   ● Any student who fails to participate in classes, seminars, tests, viva-voce, practical, field and laboratory work will be debarred from appearing in the end semester examination in the specific course and no Internal Assessment marks will be awarded.

   ● His/her Internal Assessment marks will be awarded as and when he/she attends regular classes and unit test in the course in the net applicable semester.

   ● No special classes will be conducted for him/her during other semesters.

   ● The duration of written examination for each paper shall be of three hours.

   ● The duration of Practicum examination shall be of four hours.

PASS PERCENTAGE

However, a candidate who has secured the minimum marks to pass in each paper but has not secured the minimum marks to pass in aggregate may reappear in any of the paper/s of his choice in the concerned semester in order to be able to secure the minimum marks prescribed to pass the semester in aggregate. No student would be allowed to avail of more than 3 chances to pass any paper inclusive of the first attempt.

DIVISION CRITERIA

Successful candidates will be classified on the basis of the combined results of Part-I and Part-II examinations as follows:

Candidates securing 60% and above: Ist Division

Candidates securing between 50% to 59.99%: IInd Division

Candidates securing 40 to 49.99% IIIrd Division

39.99% and less: Failed

ATTENDANCE REQUIREMENT

No student shall be considered to have pursued a regular course of study unless he/she is certified by the Head, School of Studies in Psychology, Ravishankar Shukla University, to have attended 75% of the total number of lectures, tutorials and seminars conducted in each semester, during his/her course of study.

Note: *M.A. Psychology students will opt for I choice-Based Course (CBC) of 100 marks each, in Semester II, & III with at least one from the other Department of the University.*

M.A. PSYCHOLOGY

FIRST SEMESTER

(w.e.f. JULY 2023)

Paper No.	Title of the Paper	Theory	Internal
PSM 101 (I)	Basic Psychological Processes	80	20
PSM 102 (II)	Social Psychology	80	20
PSM 103 (III)	Basic Research Methodology	80	20
PSM 104 (IV)	Psychopathology	80	20
PSM 105 (V)	Practicum : (Experiment)	100	
		420	80

Note: All are compulsory papers

PAPER – I
BASIC PSYCHOLOGICAL PROCESSES – I

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

Unit – 1, Psychophysics

Psychophysics: Nature, problems and Methods. Signal Detection Theory, Subliminal Perception and related factors.

Unit – 2. Perceptual Processes

Approaches to study Perception: Gestalt, Physiological, Information Processing and Ecological Approaches. Perceptual Organization: Laws of Perceptual Organization. Perceptual Constancy: Depth Perception: Monocular and binocular cues.

Unit - 3. Attention

Nature, concept and Mechanism of Attention. Selective Attention. Types, Theories and Applications.

Unit - 4. Motivation

Nature and properties; origin, development and present status. Basic Motivational Concepts: Instincts, Needs, Drives, Incentives, Motivational Cycle. Theoretical framework: Murray and Maslow Theory

Unit – 5 Emotion

Emotion: Nature and concept. Physiological correlates of Emotions. Theories of Emotions: James-Lange, Canon-Bard, Schachter-Singer, Emotional Intelligence.

BOOKS RECOMMENDED

1. Averill, J. R., Chon, K. K., & Hahn, D. W. (2001), Emotions and Creativity, East and West. *Asian Journal of Social Psychology,* 4(3), 165-185.
2. Barrett, L. F., Niedenthal, P. M. & Winkielman, P. (2007), Emotion and Consciousness. Guilford Press.
3. Best, J. B. (1989), Cognitive Psychology, II Edition. West Publishing Company, New York.
4. Carr, A. (2011). Positive Psychology: The Science of Happiness and Human Strengths. Routledge: 2 edition.
5. Ciccarelli, S. K. & Meyer, G.e. (2008). Psychology: South Asian Edition 1st Edition. Pearson.
6. Snyder (2011). Positive Psychology: The Scientific and Practical Explorations of Human Strengths Edition-Second. Sage South Asia.
7. Feldman, R. (2009). Essentials of Understanding Psychology. Tata McGraw-Hill Education Pvt. Ltd.
8. Galotti, K. M. (1999). Cognitive Psychology in and Outside Laboratory. Mumbai: Thompson, Asia.
9. Iyer, S. (2006). Introduction to Psychology. Premier Publishing Company, India.
10. Menon, S., Nagaraj, N. & Binoy, V. V. (Editor) (2017). Self, Cultrue and Consciousness: Interdisciplinary Convergences on Knowing and Being. Springer.
11. Menon, S., Sinha, A. & Sreekantan, B. V. (2014). Interdisciplinary Perspectives on Consciousness and the Self. Springer.
12. Misra, G. & Baron, R. A. (2014). Psychology: Indian Subcontinent Edition 5th Edition, Pearson.
13. Rao, R.K. (2005). Perception, Cognition, and Consciousness in Classical Hindu Psychology, & *Journal of Consciousness Studies, 12, 3-30.*
14. Rao, R. K. (2011), Cognitive Anomalies, Consciousness and Yoga. New Delhi, Matrix Publishers.
15. Sen, Anima; Attention and Distraction, New Delhi.
16. Snodgrass, J. G., Berger, G. L. & Haydon, M. (1985). Human Experimental Psychology. New York: Oxford University Press.
17. Solso, R.L., (2004). Cognitive Psychology. Sixth Edition. Pearson Education Pvt. Ltd., New Delhi.
18. Stevens, S. (1959). Handbook of Experimental Psychology. A Wiley Publication in Psychology.
19. Wessells, M. G. (1982). Cognitive Psychology. Harper and Row Publishers, New York.
20. Wood, G. (1983). Cognitive Psychology – A Skills Approach. Cole Publishing Company, California.

PAPER – II

SOCIAL PSYCHOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1   Introduction and Social Psychological Perspectives

Nature and Scope of Social Psychology. Historical Background. Methods of Social Psychology. Theoretical Perspective: Cognitive Dissonance, Attribution, Field, Psychodynamic, Symbolic Interactions, Socio-Biology.

UNIT – II   Social Cognition and Person Perception

Sources of Errors in Social Cognition. Social Perception, Person Perception. Determinants of Person Perception. Impression Formation and Management. Role of Stereotypes in Person Perception.

UNIT – III   Social Influence Process

Meaning and nature of Social Influence. Social Facilitation, Conformity, Compliance and Obedience, Social Power, Reactance.

UNIT – IV   Attitude

Nature and Characteristics. Development, Functions and Formation of Attitudes. Influence of Attitude on Behaviour. Theories of Attitude Change. Barriers in Changing Attitudes.

UNIT – V   Social Psychology and Social Situation

Prosocial Behaviour, Aggression: Nature, Characteristics Determinants and Theories. Controlling and Management of Aggression. Violence, Categories of Violence, Self-directed (Suicide), Domestic Violence.

BOOKS RECOMMENDED

1. Baron, R. A. & Byme, D. (2000) Social Psychology 12th edition. Pearson, New Delhi.

2. Billing, M. (1976). Social Psychology and Intergroup Relations. New York, Academic Press.

3. Crisp, R. J. & Tumer, R. N. (2014). Essential Social Psychology: 3rd Edition. SAGE Publications Ltd.

4. Dalal, A. K. (1989). Attribution: Theory and Research. New Delhi, Wiley Limited.

5. Dalal, A. K. & Misra, G. (Ed.) (2001). New Directions in Indian Psychology, Vol. 1 Scoial Psychology.

6. Eiser, J. R. (1986). Social Psychology. London: Cambridge University Press.

7. Feldman, R. S. (1985). Social Psychology. New York, Mc Graw Hill.

8. Lindsey, G. & Aronson, E. (Eds) (1985). The Handbook of Scoial Psychology. New York. Random House.

9. Mathur, S. S. (2004). Scoial Psychology. Vinod Pustak Mandir, Agra..

10. Mishra, G. (1990). Applied Social Psychology in India. New Delhi, Sage.

11. Mishra, G. (Ed.) (2009). Psychology in India, Vol. 2. Social and Organizational Processes. New Delhi, Pearson.

12. McGarty, C. & Haslam, S. A. (Eds.) (1997). The Message of Social Psychology. Oxford, U K, Blackwell.

13. Pandey, J. (1988). Psychology in India; the State – 7 the Art Vol – 2 ND. Sage.

14. Tajfel, H. (1981). Human Groups and Social Categories. London: Cambridge University Press.

15. Taylor, M. & Moghaddam, F. M. (1987). Theories of Intergroup Relations. New York: Praeger.

समाज मनोविज्ञान (2004): अरूण कुमार सिंह, मोतीलाल बनारसी दास।

समाज मनोविज्ञान: गिरीश्वर मिश्रा

समाज मनोविज्ञान: लालबचन त्रिपाठी

PAPER – III

BASIC RESEARCH METHODOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1   **Introduction to Psychological Research**

Meaning, Purpose and Dimensions of Research. Types of Psychological Research: Qualitative and Quantitative. Methods of Psychological Research: Experimental, Quasi-Experimental, Case Studies, Field Studies. Variables: Nature and Types. Techniques of experimental manipulation, control in experiment.

UNIT – II   **Research Process**

Research Process: Consideration of Research Problem and Hypothesis, Operationalization. Sampling: Probability and Non-probability Sampling. Sources of Bias. Ethical issues in Psychological Research.

UNIT – III   **Research Designs**

Cross Sectional and Longitudinal, Experimental, Correlational. Single Factor, Quasi – Experimental.

UNIT – IV **Central Tendency: Measure of central tendency,** Measures of Dispersion, Normal Probability Curve, its properties and utility. Null Hypothesis, Type-I and Type-II Errors, Parametric and Nonparametric Statistic. Level of Significance. Inferential Statistics: t-test statistics and its uses in Psychological Research.

UNIT – V   **Method of Data Collection**

Survey and Observation Method: Questionnaire, Interview. Tests and Scales.

BOOKS RECOMMENDED

1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.
2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi.
3. Edwards, A. K. (1976). Experimental Designs in Psychological Research. New York Holt Rinehart.
4. Kerlinger, F. N. (1999). Foundation of Behavioural Research. S. Chand (G/L) & Company Ltd; 4th edition.
5. Kothari C. R. (1986). Research Methodology: Methods nad Techniques. Wiley Eastern Ltd. New Delhi.
6. Mangal, S. K. (2012). Statistics in Psychology and Education (2nd Ed.). New Delhi: PHI Learning Pvt. Ltd.
7. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage.
8. Miles, J. & Banyard, P. (2007). Understanding and Using statistics in Psychology A Practical Introduction. Sage Publications.
9. Siegal, S. (2002). Non-Parametric Statistics for Behavioural Sciences. New Delhi: Tata McGraw Hill.
10. Winer, B. J. (1971). Statistical Principles in Experimental Design. New York, McGraw Hill.

PAPER – IV

PSYCHOPATHOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1   Concept of Psychopathology and Classification System

Diagnosis: Purpose, Diagnostic System: Mental Status Examination (MSE). Clinical Interview and Diagnostic Tools. Classification Systems: ICD and DSM. Evaluation of Classification System.

UNIT – II   Theoretical Models of Psychopathology

Psychodynamic, Behavioural, Cognitive, Humanistic, Biological and Socio-Cultural.

UNIT – III   Disorders of Anxiety, Somatoform, and Behavioural Syndromes

Panic, Phobic, OCD, Post-Traumatic, GAD, Somatoform Disorders, Impulse Control Disorder, Eating Disorder, Sleep Disorder. Dissociative Disorder: Types, Characteristics, Etiology and Management.

UNIT – IV   Psychotic Spectrum Disorders

Schizophrenia, Mood Disorder. Personality Disorders: Clinical Characteristics, Etiology and Management.

UNIT – V   Substance Related Disorders and Developmental Disorders of Childhood

Substance use Disorder: Alcoholism and Drug Addiction. Mental Retardation. Developmental Disorders of Childhood: Autism Spectrum Disorder (ASD), Attention Deficit Disorder (ADD), Attention Deficit and Hyperactive Disorder (ADHD). Learning Disabilities.

BOOKS RECOMMENDED

1. Adams, H.E. & Sutker, P. B. (2004). Comprehensive Handbook of Psychopathology. New York, Plenum Press.

2. Aboud, T. D. (1988). Health Psychology in Global Perspective. Thousand Oaks, C.A: Sage.

3. Carson, C.R. & Butcher, J. N. (1992). Abnormal Psychology and Modern Life (9th Ed.). Harper Collins Publisher.

4. Davison, G.C. & Neal, J. N. (2000). Abnormal Psychology – 8th Ed. Wiley, Publishers.

5. Page, J. D. (1975). Psychopathology: The Science of Understanding Deveiance. (2nd Ed.). Chicago, IL, Aldine.

6. Prokap, C. R. & Bradly, L.A. (1991). Medical Psychology: Contribution to Behavioural Medicine. Academic Press.

7. असामान्य मनोविज्ञान (2004)रू अरूण कुमार सिंह, मोतीलाल बनारसी दास।

PAPER –V

PRACTICUM

M.M. – 100

This paper consists of the laboratory (Experimental) and Field-Work done throughout the semester and will be evaluated at the time of examination along with the other papers. Distribution of marks would be as under:

	Marks
A. Record of Lab Practical and Field Work	25
B. Evaluation of one Lab. Experiment of be conducted in the examination	50
C. Viva-Voce on Practicum	25

Note : No candidate would be allowed to appear in the practical examination unless his/her day-to-day practical work and report are found satisfactory.

List of Practicum: (**Any five Experiments and One Field Study**)

1.   Constancy-Size/Shape/Brightness
2.   Biofeedback
3.   Mental Fatigue
4.   Learning
5.   Verbal Learning
6.   Selective Attention
7.   Knowledge of Results
8.   Problem Solving
9.   RI/PI

Field Work

1. Motivation	2. D.A.T./Personality
3. Mental Health	4. Frustration Tolerance
5. Stress / Anxiety	6. Depression

Note: Field Studies topics would be allotted by the Departmental Committee.

COURSE STRUCTURE M.A. PSYCHOLOGY

SECOND SEMESTER

(w.e.f. JULY 2023)

Paper No.	Title of the Paper	Theory	Internal
PSM 201 (VI)	Basic Psychological Processes – II	80	20
PSM 202 (VII)	Group Processes and Cultural Psychology	80	20
PSM 203 (VIII)	Advanced Research Methodology	80	20
PSM 204 (IX)	Physiological Psychology and Health behavior	80	20
PSM 205 (X)	Practicum	100	--
		420	80

Note: All are compulsory papers.

PAPER – VI

BASIC PSYCHOLOGICAL PROCESSES - II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1   Learning Process

Classical Conditioning: Procedure, Phenomena and related Issues. Instrumental Learning: Phenomena, Paradigms and Theoretical Issues. Process, Escape Conditioning, Avoidance Conditioning, Generalization. Reinforcement: Basic Variables and Schedules.

UNIT – II   Experimental Analysis of Behaviour

Behaviour Modification, Shaping. Discrimination Learning. Neurophysiology of Learning.

UNIT – III   Verbal Learning

Verbal Learning: Methods and Materials, Organizational Processes

UNIT – IV   Learning Theories

Learning Theories: Hull, Tolman, Skinner.

Cognitive approaches in Learning: Latent Learning, Observational Learning.

UNIT – V   Memory and Forgetting

Memory Processes: Encoding, Storage, Retrieval. Stages of Memory: Sensory Memory, Short-term Memory (STM) and Long-term Memory (LTM). Episodic and Semantic Memory Forgetting: Nature and causes of Forgetting. Theories of Forgetting: Interference, Decay, Retrieval. Improving Memory.

BOOKS RECOMMENDED

1. Baddley, A. (1997). *Human Memory: Theory and Practice.* New York: Psychology Press.

2. Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson.

3. Chadha, N. K. & Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi: Pinnacle Learning.

4. Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology. South Asian Edition. New Delhi: Pearson Education.

5. Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to Mind and Behaviour. New Delhi: Cengage.

6. DAmato, M. R. (1970). Experimental Psychology, New York, Mc. Graw Hill.

7. Feldman, R. (2009). Essentials of Understanding Psychology. New Delhi: Tata McGraw Hill.

8. Galotti, K. M. (1999). Cognitive Psychology in and outside Laboratory. Mumbai: Thompson, Asia.

9. Gerrig, R. J., & Zimbardo, P. G. (2006). Psychology and Life (17th Ed.) New Delhi: Pearson Education.

10. Passer, M. W. & Smith, R. E. (2010). Psychology: The Science of Mind and Behaviour. New Delhi: Tata McGraw-Hill.

11. Sen Anima: Attention & Distraction. New Delhi.

12. Smith, E.E. & Kosslyn, S. M. (2007). *Cognitive Psychology: Mind and Brain.* Prentice Hall.

13. Snodgrass, J. G., Berger, G. L. & Haydon, M. (1985). Human Experimental Psychology, New York Oxford University Press.

14. Tripathi, A. N. & Babu, N. (2008). Cognitive Processes. In Misra, G. (Ed.). *Psychology in India: Advances in Researh,* Vol. 1. New Delhi: Pearson Education.

PAPER – VII

GROUP PROCESSES AND CULTURAL PSYCHOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1   Inter Group Relations

Group Dynamics and Group Behaviour, Group Effectiveness, and Group Cohesiveness: Meaning, formation, Decision Making, Problem Solving and Group Level Behaviours.

UNIT – II   Leadership

Meaning nature and Function of Leadership. Styles and Effectiveness of Leadership. Psychology of Followers.

UNIT – III   Social Issues

Poverty, Caste, Gender, Population Issues in India. Unemployment. Communal Tension and Harmony.

UNIT – IV   Culture and Behaviour - I

Culture and Cognition and Emotion. Culture and Personality

UNIT – V   Culture and Behaviour - II

Culture and Health. Culture and Personality. Health, Environment and Law.Applied aspects of Social Psychology.

BOOKS RECOMMENDED

1. Ahuja, R. (2012). Social Problems in India. Rawat Publication.
2. Alcock, P. (1997). Understanding Poverty (2nd Ed.). Great Britain: Palgrave.
3. Aronson, E (Eds). (1985). The Handbook of Social Psychology. NY: Random House.
4. Baron, A. G. & Byrne, D. (1991). Social Psychology, - Boston Allyn & Bacon.
5. Billing. M. (1976). Scoial Psychology and Inter Group Relations, NY: Academic Press.
6. Dalal, A. K. (1989). Attribution Theory and Research. New Delhi, Wiley Limited.
7. Dalal, A. K. & Misra, G. (2001). New Directions in Indian Psychology. New Delhi: Sage Publications.
8. Eiser. J. R. (1986). Scoial Psychology London: Cambridge University Press.
9. Feldman R.S. (1985) Social Psychology. New York, McGraw Hill.
10. Jai Prakash, I. & Bhogle, S. (1998). (Eds.) Psychology and Changing World. Bangalore, Prasaranga, Bangalore University.
11. Kakkar, S. (1996). Indian Psyche. New Delhi: Penguin.
12. Misra, G. & Nagpal, A. (1999). (Eds.) Psychology of Poverty and Disadvantages. New Delhi. Cocept Publishing Company.
13. Pandey, J. (1988). Psychology in India; The State – 7 the Art Vol-2. New Delhi: Sage.

समाज मनोविज्ञान (2004)ः अरूण कुमार सिंह, मोतीलाल बनारसी दास।

समाज मनोविज्ञानः गिरीश्वर मिश्रा।

<center>

PAPER – VIII

ADVANCED RESEARCH METHODOLOGY

</center>

<div align="right">

M.M. – 80

</div>

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1   Experimental Design

Randomized groups, Matched Groups, Factorial Designs: Between and Within Groups, Repeated Measures (One Factor).

UNIT – II   Analysis of Variance

ANOVA: One – Way and Two – Way, ANCOVA, a-priory and Post-Hoc/Post ANOVA test Comparisons.

UNIT – III   Measures of Relationships

Bi-serial, Point Bi-serial, Tetrachoric and Phi,

Multiple and Partial Correlations.

UNIT – IV   Regression and Factor Analysis

Simple and Multiple, Factor Analysis: Assumptions, Methods Rotation and Interpretation.

UNIT – V   Report Writing

Use of Computer in Psychological Researches, Research Report Writing (APA Style)

BOOKS RECOMMENDED

1. Black T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.

2. Breakwell, G. M., Smith, J.A., & Wriht, D. b. (2012). *Research Methods in Psychlogy* (4th ed.) Sage.

3. Bridget, S. & Cathy, L. (Eds.) (2008). Research Methods in the Social Sciences. Vistaar Publication New Delhi.

4. Broota, K. D. (1992). Experimental Design in Behavioural Research. New Delhi, Wiley Eastern Ltd.

5. Edwards, A L. (1984). Experimental Design in Psychological Research. Harpercollins College Div; Subsequent edition.

6. Elmes, D., Kantowitz, B., & Roediger, H. (2011). Research Methods in Psychology (9th ed.). Cengage Learning.

7. Kerlinger, F. N. (1983). Foundation of Behavioural Research (2nd ed) Surjeet Publication, Kamla Nagar, New Delhi, 1983.

8. Kothari, C. R. (1986). Research Methodology: Methods and Techniques. Wiley Eastern Ltd. New Delhi.

9. Mason, J. (1997). Qualitative Researching, Thousand Oaks: Sage.

10. Nestor, P.G. & Schutt, R. K. (2011). Research Methods in Psychology: Investigating Human Behaviour. Sage.

11. Winer, B. J., Brown, D. R. & Michels, K. M. (1991). Statistical Principles in Experimental Design. New York: McGraw Hill.

PAPER – IX

PHYSIOLOGICAL PSYCHOLOGY AND HEALTH BEHAVIOUR

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Methods and Basic Concepts

Methods of Physiological Psychology: Lesion and Brain Stimulation. Receptors, Effectors and Adjuster Mechanism. Structure of Neuron,different parts of neuron,Types and function of neuron.Neural Impulse:Origin.Conduction and Measurement.

UNIT – II   Sensory System

Vision and Audition. Human Nervous System: Structure and Functions. Structure of Neuron; The different parts of a Neuron; Types of Neurons Functions of Neuron; generation of IPSP and EPSP, Conduction and generation of Action Potential, Ionic Exchanges and Refractory Periods.

UNIT – III   Sleep, Waking and Endocrine System

Sleep ad Waking: Stages of Sleep, Disorders of Sleep and Physiological Mechanisms of Sleep and Waking. Drinking and its Neural Mechanism; Hunger and its Neural Mechanism. Endocrine System; Structure and Function. Abnormalities of major Glands; Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal.

UNIT – IV   Approaches to Therapy

Psychoanalytic, Biological, Behavioural, Behavioural Medicine and Spiritual Therapy.

UNIT – V   Health and Health Promotion

Quality of Life and HealthSocial Support and Health,Mental Health Promotion and Prevention,. Current Issues and Trends in Health Psychology.

BOOKS RECOMMENDES

1. Aboud, T. D. (1998). Health Psychology in Global Perspective. Thousand Oaks, C.A: Sage.
2. Adams, H.E. & Sutker, P. B. (2001). Comprehensive Handbook of Psychopathology. Kluwer Academic / Plenum Publishers, New York.
3. Branno, L. & Feist, J. (2010). Health Psychology: An Introduction to Behaviour and Health. Belmont, C.A: Thomson/Wadsworth.
4. Carson, C. R., Butcher J.N. (1992). Abnormal Psychology and Modern Life (9th ed) Harper Collins Publisher.
5. Davison, G. C. & Neal, J. N. (2000). Abnormal Psychology – 8th Ed. Wiley Publishers.
6. Deb, S. (2009). Reproductive Health Management, New Delhi, Akansha Publications.
7. Dimmates, M. R. & Martin, L. R. (2007). Health Psychology. Pearson.
8. Friedman, H.S. (1998). Encyclopaedia of Mentral Health. Academic Press.
9. Kleinman, A. (1988). Rethinking Psychiatry fro Cultural Category to Personal Experience. Free Press. New York.
10. Marks, D. F. (2002). The Health Psychology Reader. Sage.
11. Ogden, J. (1996). Health Psychology. A Textbook. Open University Press.
12. Page. J.D. (1975). Psychopathology: The Science of Understanding Deviance.
13. Prokop, C. K. & Bradly, L. A. (1981). Medical Psychology: Contribution Behavioural Medicine. Academic Press.
14. Rice, P. L. (1998). Health Psychology. Pacific Grove Books. Cole Pub.
15. Taylor, S. E. (1999). Health Psychology. McGraw Hill.

PAPER – X

PRACTICUM

M.M. – 100

This paper consists of the laboratory (Testing) and Field-Work done throughout the semester and will be evaluated at the time of examination along with the other papers.

Distribution of marks would be as under:

		Marks
C.	Record of Lab Practical and Field Work	25
D.	Evaluation of One Lab Testing to be conducted in Examination	50
E.	Viva-Voce on Practicum	25

Note: No candidate would be allowed to appear in the practical examination unless his/her day-to-day practical work and reports are found satisfactory.

List of Practicum: **(Any Five Tests and One Field Study)**

1.	Aggression	7.	Personality
2.	Aptitude	8.	Mental Health
3.	Emotional Intelligence	9.	Projective Test
4.	Digit Memory Scope/Span	10.	Problem Solving Ability
5.	Intelligence (Individual/Group)	11.	Stress / Depression
6.	Locus of Control	12.	Motivation

Field Work

1. Achievement of Motivation	2. Adjustment	3. Anxiety
4. Happiness	5. Intelligence	6. Leadership
7. Parent Child Relationship	8. Personality	9. Scoial Support

Note: Field Studies topics would be allotted by the Departmental Committee.

M. A. – III SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS (Two)

S.No.	Paper No.	Title of Paper	Marks	
			Theory	Internal Assessment
1.	XI	Personality and Indigenous Psychology	80	20
2.	XII	Psychological Assessment – I	80	20
Optional Papers: Two Papers from any One of the Three Groups				
	Group A : Psychology of Management			
3.	XIII	Organizational Bechaviour – I	80	20
4.	XIV	Human Resource Development and Management – I	80	20
	Group B : Psychology of Education			
3.	XIII	Educational and Instructicnal Psychology – I	80	20
4.	XIV	Basics of Psychological Guidance and Counselling – I	80	20
	Group C: Clinical Psychology			
3.	XIII	Clinical Diagnosis – I	80	20
4.	XIV	Psychotherapeutic Counselling – I	80	20
5.	XV	Practicum	100	

**NOTE : Internal Assessment will be done on the basis of
Class Tests / Seminar / Tutorials**

M.A. III SEMESTER (PSYCHOLOGY)
PAPER – XI (COMPULSORY)
PERSONALITY AND INDIGENOUS PSYCHOLOGY – I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Introduction

Personality Meaning, Perspectives and Measurement of Personality. Concept of Mature Personality, Personality Theory-Problems..

UNIT – II   Approaches to Personality - I

Psychodynamic Perspectives of Personality: Theories of Personality: Freud, Erikson, Adler. Structure, Dynamics and Development of Personality. Methods to study Personality.

UNIT – III   Approaches to Personality _ II

Theories of Personality: Cattell and Eysenck-Structure, Dynamics and Development of Personality. Research Methods.

UNIT – IV   Approaches to Personality - III

Cognitive, Behavioural and Humanistic. Kelly, Bandura and Roger's Structure, Dynamics and Development of Personality. Research Methods.

UNIT – V   Approaches to Personality-IV

Indigenous Concept and Models of Personality – Yogic, Samkhya. Current Researches in The Field of Personality.

BOOKS RECOMMENDED

1. Barbara, E. (2008). Personality Theories (8th Edition). California. Wadsworth Publishing Company.
2. Bischof, L. J. (1970). Interpreting Personality Theories. Harper & Row, New York.
3. Feldman, S.R. (2009). Essentials of Understanding Psychology, 7th Edition. Tata McGraw-Hill Education, Pvt. Ltd.
4. Friedman, H. S. & Schustack, M. W. (2016). Personality: Classic Theroies and Modern Research. (6th Edition), Pearson.
5. Hasurkar, S. S. (1958). *Vacaspati Misra on Advaita Vedanta.* Darbhanga: Mithila Institute of Post-Graduate Studies.
6. Hall, C. S., Lindzey, G. & Campbell, J. B. (2007). Theories of Personality (4th Ed.). John Wiley, New York.
7. Hall, L. A. & Ziegler, D. J. (1992). Personality Theories: Basic Assumptions, Research and Applications (2nd Ed.) International Student Edition. McGraw Hill, International Book Co.
8. John, O.P., Robins, R. W. & Pervin, L. A. (2010). Handbook of Personality: Theory and Research. Guilford Press.
9. Loehlin, J. C., Willerman, L., & Hom, J. M. (1988). Human Behaviour Genetics. *Annual Review of Psychology,* 39 (I), 101-133.
10. Magnusson, D., & Endler, N. S. (1977), Personality at Crossroads. New Jersey, Hillsdale: Lawrence Erlbaum Associates.
11. Misra, G., & Mohanty, A. K. (2002). Perspectives on Indigenous Psychology. New Delhi: Concept Company.
12. Mohanty, J. N. (2000). Classical Indian Philosophy. Oxford: Rowman & Littlefield.
13. Mukhopadhaya. K. L. & Swami Niranjana Saraswati. Yoga Darshan Munger: Bihar School of Yoga.
14. Murphy, G., & Murphy, L. B. (1968). Asian Psychology. New York: Basic Books.
15. Naidu, R. K. & Pandey, N. (1999). Anasakti: The Indian vision of Potential Human Transcendence beyond Mechanistic Motivations. In G. Misra (Ed.), Psychological Perspectives on Stress and Health (pp. 85-99). New Delhi: Concept Publishing Company.

16. Paranjpe, A. C. (2011). Indian Psychology and the International Context, Psychology and Developing Societies, 23 (I), 1-26.

17. Paranjpe, A. C. (1988). A Personality Theory according to Vedanta. In A. C. Paranjpe, D.Y.F. Ho, & R. W. Rieber (Eds), Asian contributions to Psychology. New York: Praeger.

18. Paranjpe, A. C., Ho, D. Y. F., & Rieber, R. W. (Eds.). (1988). Asian Contributions to Psychology. New York, NY, England: Praeger Publishers.

19. Patanjali Yog Sutra.

20. Pervin, L. A. (1975). Personality: Theory, Assessment and Research. 2nd Ed. Wiley International ed. New York.

21. Pervin, L. A. (1993). Personality: Theory and Research. John Wiley & Sons.

22. Rao Sheshagiri, V. N. (1984). *Vacaspati's Contribution to Advaita.* Mysore: Samvit Publishers.

23. Sahakian, W.S. (1975). Psychology of Personality: Readings in Theory. Rand McNally, Chicago, Illinois, United States.

24. Sinha, J. (1958). Indian Psychology (2nd ed., 2 vol). Calcutta: Sinha Publishing House.

उच्चतर सामान्य मनोविज्ञान (2004)ः अरूण कुमार सिंह मोतीलाल बनारसी दास।

व्यक्तित्व मनोविज्ञान (2004)ः अरूण कुमार सिंहए मोतीलाल बनारसी दास।

व्यक्तित्व मनोविज्ञान (2004)ः डी.एन. श्रीवास्तव, भार्गव पब्लिकेशन हाउसए आगरा।

M.A. III SEMESTER
(COMPULSORY)
PAPER - XII
PSYCHOLOGICAL ASSESSMENT– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Nature of Psychological Assessment

Nature of Psychological Assessment, Difference between Physical and Psychological Assessment. Problems in Psychological Assessment. Levels of Assessment.

UNIT – II   Scaling

Scaling: Unidimensional and Multidimensional. Scale Constructoin Techniques.Differencr between Psychometric Objective and Projective Tests, Questionnaire and Schedule. Characteristics of a good Psychometric Test. Difference between Psychometric and Projective Tests.

UNIT – III Construction of Psychometric Tools

Construction of Psychometric Tools: Steps in Test Construction, Item-writing, Pre-try out, Item difficulty, discrimination Power. Types of Psychological test.

UNIT – IV Standardization Process of Psychometric Test

Standardization Process of Psychometric Test. Reliability: Concept and Type. Methods of determining Reliability. Validity: Concept and Type. Methods of determining Validity. Factors affecting Reliability and Validity. Norms: Types, Uses and Method.

UNIT – V   Adaptation of Tests

Adaptation of Tests. Test taking Response Styles: Social Desirability, Acquiescence an dFaking. Use of Psychological Tests in applied field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations.

BOOKS RECOMMENDED

1. Anastasi, A. (1988). Psychological Testing. Macmillan.
2. Cronbach, L. (1951). Essentials of Psychological Testing New York: Harper & Brothers.
3. Freeman, F. S. (2008). Theory and Practice of Psychological Testing. Publisher: Oxford and IBH Publishing.
4. Friedenberg, L. (1995). Psychological Testing: Design, Analysis, and Use, Allyn & Bacon.
5. Ghiselli, E. e. (1964). Theory of Psychological Measurement. New Delhi, Tata McGraw-Hill.
6. Gregory, R. J. (2004). Psychological Testing: History, Principles, and Applications. Needham Heights, M. A., US: Allyn & Bacon.
7. Guilford, J. P. (1954). Psychometric methods. New Delhi Tata Mc Graw Hill
8. Nunnally, J. C. (1970). Introduction to Psychological Measurement. New York: McGraw-Hill.
9. Price, L. H. (2016). Psychometric Methods: Theory into Practice. Guilford Press, Routledge.

M.A. III SEMESTER (PSYCHOLOGY)
GROUP - A
PAPER – XIII (OPTIONAL)
ORGANIZATIONAL BEHAVIOUR– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Introduction

Emergence of OB as a Discipline and Contributing Disciplines to OB. Contributions of Hawthorne Studies to OB; OB trends - Globalization: Outsourcing: Call Certres: Knowledge Process Outsourcing. The FIVE Anchors of OB and Knowledge Management.

UNIT – II   Motivational Process

Motivational Process : Meaning of Motivation; Primary Motives; General Motives, Secondary Motives and Motivational Process. Content Theories of Work Motivation – Maslow's Hierarchy of Needs; Herzberg's Factor Theory; ERG Theory. Theory X and Theory Y.

UNIT – III Leadership

Leadership: Difference between leader and Manager. Important studies on Leadership. Factors influencing Leadership Role. Essentials of Leadership, Leadership Styles. Supervision and Patterns of Supervision. Modern Theoretical Process of Leadership: Charismatic Leadership Theories; Transformational Leadership Theory; A Socio-Cognitive Approach; Leadership across Cultures; Corporate Leaders.

UNIT – IV Conflict and Power at Work Place

Conflict: The Conflict Process; Sources of Conflict in Organization Organizational Conflict, Conflict Management. Intrpersonal Conflict Management Styles; Resolving Conflicts.

Power: Meaning of Power; Sources of Power; Contingencies of Power; Influencing Others; Influencing Tactics and Organizational Politics. Organizational Power and Politics. Union Management Interface.

UNIT – V   Decision Making

Nature and Concepts. Decision Making Process, Types of Decisions. Factors influencing Decision Making. Management Decision Techniques.

BOOKS RECOMMENDED

1. Bristal, V. (1997). Rethinking the Future: Rethinking Business, Principles, Competition, Control & Complexity, Leadership, Markets and the World. *The Jorunal of Business Strategy, 18(4), 62.*
2. Gibson, R., & Handy, C. (1998). Rethinking the Future: Rethinking Business Principles, Competition, Control and Complexity, Leadership. Markets and the World.
3. Greenberg, J. & Baron, R. A. (2003). Bheaviour in Organizations: Understanding and Managing the Human Side of Work. Upper Saddle River, N J: Prentice Hall.
4. Griffin, W. H. & Pareek, U. (2005). Management of Change in Education.
5. Luthans, F. (1995). Organization Behaviour. Mc Graw Hill, International Student Edition.
6. Lynton, R. P. & Pareek, U. (1978). Training for Development.
7. Pareek, U. (1996). Organizational Behaviour Processes.
8. Pareek, U. (2007). Understanding Organizational Behaviour.
9. Pareek, U. (2011). Udai Pareek's Understanding Organizational behavior.
10. Pareek, U. (2016). Understanding Organizational Behaviour 4E.
11. Pareek, U. (2017). Designing and Managing Human Resource Systems.
12. Pareek, U. & Rao, V. (2005). First Handbook of Psychological and Social Instruments.
13. Pareek, U. & Khanna, S. (2007). Understanding Organizational Behaviour. Oxford University Press.
14. Rao, T. V. (2015). Performance Management: Toward Organizational Excellence.
15. Robbins, S. P. (2000). Organizational Behaviour. (9th edition). Prentice Hall India, New Delhi.

16. Schein, E. M. (1990). Organizational Psychology 3rd edition. Prentice Hall of India Pvt. Ltd. New Delhi.

17. Toffler, A., Toffler, H., & Gibson, R. (2011). Rethinking the Future: Rethinking Business Principles, Competition, Control and Complexity, Leadership, Markets and the World. Hachette UK.

18. Ulrich, D., Allen, J., Brockbank, W., Younger, J., & Nyman, M. (2009). HR Transformation: Building Human Resources from the Outside In. New York: McGraw-Hill.

19. Wolfe, B. (2015). The Little Black Book of Human Resources Management. The Expressive Press.

M.A. III SEMESTER (PSYCHOLOGY)
GROUP - A
PAPER – XIV (OPTIONAL)
HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Human Resource Management

Nature, Function, Personnel Management vs. HRM, HRD vs. HRM. Assumptions about HRM, Structure and Role of HRM. The Indian context of HRM. Models of HRM. Current and Future Challenges to HRM. Strategic Role, International Human Resource Management.

UNIT – II   Human Resource Planning

Human Resource Planning: Importance, process, Forecasting Demand, Estimating Supply, Effective HRP. Human Resource Accounting. Steps, Stages and Structure in Manpower Planning. HRD in India.

UNIT – III   Job Analysis and Job Design

Job Analysis: Uses, Process, Methods, Job Description and Job Specifications. Job Analysis and Job Design. Recruitment and Selection.

UNIT – IV   Training and Development

Training: Nature and Importance. How to make Training Effective. Importance of Training in Organizational Set Up-Training as a Profession-Training Needs Analysis- Types of Training- Training Design-Steps Involved. Organizational Development: Nature and Objectives of OD. Phases of an OD Programme; OD Interventions; OD in Indian Industry; Criticism of OD.

UNIT – V   Performance Appraisal

Performance Appraisal, Factors Distorting Appraisal and how to improve Appraisals. Types of Appraisal. Comparing with Performance Management, Methods, Challenges, Legal Implications.

BOOKS RECOMMENDED

1. Aswathappa, K. (1999). Human Resource and Peronnel Management-Text and Cases, New Delhi: Tata McGraw Hill, pp.208.
2. Beardwell, I. & Holden, L. (1997). Human Resource Management. A Contemporary Perspective.
3. DeCenzo, D. A., Robbins, S. P. & Verhulst, S. L. (2012). Fundamentals of Human Resource Management, Wiley.
4. Fisher, C. D., Shaw, J. B. & Schoenfeldt, L. F. (1993). Human Resource Management. Houghton Mifflin Company.
5. Pareek, U. (2017). Designing and Managing Human Resource Systems. Oxford and IBH Publishing.
6. Pareek, U. & Rao, T. V. (1981). Designing and Managing Human Resource Systems. New Delhi: Oxford and IBH.
7. Robbins, S. P. & Judge, T. A. (2013). Essentials of Organizational Behaviour. Pearson.
8. Sinha, J. B. (2009). Culture and Organizational Behaviour. SAGE Publications India.

M.A. III SEMESTER (PSYCHOLOGY)
GROUP - B
PAPER – XIII (OPTIONAL)
EDUCATIONAL AND INSTRUCTIONAL PSYCHOLOGY– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Conceptual and Theoretical Perspectives

Conceptual and Theoretical Perspectives in Educational Psychology. Theories: Behaviouristic, Social Learning and Cognitive Applications in Teaching.

UNIT – II   Information Processing Models

Instructional Models, Programmed Learning, Concept, Characteristics and Models.

UNIT – III   Human Diversity and Education

Learning Styles: Nautre, Approaches to Learning Style, Measurement of Learning Styles. Attempt to Modify Learning Styles.

UNIT – IV   Individual and Group Differences

Individual and Group Differences in Intelligence. Theories of Intelligence, Gender Differences issues in the Classroom.

UNIT – V   Learning and Motivation

Learning and Motivation, Study Habit, importance, Levels of Learning.

BOOKS RECOMMENDED

1. Bruce, R. J., Weil, M., & Calhoun, E. (2014). Models of teaching (9th Edition) Pearson.
2. De Secco, J. P. & Crawford, W. R. (1974). The Psychology of Learning and Instruction. Englewood Cliffs, NJ: Prentice Hall.
3. Ellis, R. S. (1965). Educational Psychology, A Problem Approaches Affiliated. New Delhi, East West Press.
4. Gage, N. L, & Berliner, D. C. (1998). Educational Psychology (6th ed.). Boston, MA: Houghton Mifflin.
5. Ghaoui, C. (2004). Human Factors and Innovative Approaches. Idea Group Inc (IGI).
6. Santrock, J. W. (2011). Educational Psychology. Tata McGraw Hill.
7. Schunk, D. H. (2012). Learning Theories an Educational Perspective, Sixth Edition. Pearson.
8. Travers, J. F. (1979). Educational Psychology (2nd Ed.) New York & Row.
9. Woolfolk, A. E. (1995). Educational Psychology (6the Ed.) Allyn & Bacon, London/Boston.
10. Woolfolk, A. (2005). Educational Psychology, 9/E, Active Learning Edition. Allyn & Bacon Boston.
11. Woolfolk, A. (2006). Educational Psychology. International Edition with Pearson Educfation.
12. Woolfolk, A., Misra, G. & Jha, A. (2012). Fundamentals of Educational Psychology. Pearson.
13. Woolfolk, A. & Perry, N. E. (2014). Child and Adolescent Development. Pearson.
14. Woolfolk, A., & Vij Shivani (2017). Educational Psychology. Pearson.

M.A. III SEMESTER (PSYCHOLOGY)
GROUP - B
PAPER – XIV (OPTIONAL)
BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Introduction

Nature, Need and Functions of Guidance. Principles of Guidance. Individual and Group Approaches.

UNIT – II   Techniques of Appraising the Client - I

Non-Standardized Methods: Anecdotal Record, Auto Biography, Case Stduy, Sociometric, Observation, Rating Scale, Questionnaire.

UNIT – III   Techniques of Appraising the Client - II

Standardized Methods: Intelligence, Personality Aptitude, Interest, Achievement.

UNIT – IV   Organization of a Guidance Programme

Duties and Responsibilites of the Guidance Personnel, School, Duties and Responsibilities of Family and Community. .

UNIT – V   Special Areas of Guidance

Vocational Guidance, Educational Guidance, Personal Guidance. Problems of Guidance in India.

BOOKS RECOMMENDED

1. Anastasi, Z. (1992). Psychological Testing (Seventh Ed.) New York, McMilllan.

2. Anastasi, Z., 1 Lewis, E.C. (1970). Counselling Psychology. New York, Holt Rinehart and Winster, Inc.

3. Gibson, R. L. & Mitchell, M. (2008). Introduction to Counselling and Guidance. New Delhi: Prentice Hall of India.

4. Harson, J. C. (1978). Counselling Processes and Procedures. New York. McMillan Publishing Co. Inc.

5. Kemp. C. G. (1970). Foundations of Group Counselling. New York, McGraw Hill.

6. Nystul, M. S. (2006). Introduction to Counselling: As an Art and Science Perspective. Allyn & Bacon.

7. Rappaport, D., Gill, M. M. & Schafer, R. (1968). Diagnostic Psychological Testing. (Revised edition, edited by Holt, R.R.) New York, International Universities Press.

8. Rao, S. N. (1981). Counselling Psychology. New Delhi, Tata McGraw Hill.

9. Siddiqui, M. H. (2008). Guidance and Counselling. APH Publishing.

10. Shrivastava, K.K. (2003). Principles of Guidance and Counselling. Kanishka Publishers, Distributors, New Delhi.

11. Steffler, B. (Ed.) (1965). Tehories of Counselling. New York, McGraw Hill Book Co.

12. Warters, J. (1964). Techniques of Counselling. New York, McGraw Hill Book Co.

M.A. III SEMESTER (PSYCHOLOGY)
GROUP - C
PAPER – XIII (OPTIONAL)
CLINICAL DIAGNOSIS– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Introduction

History and Current trends. Nature, Problems and Methods of Clinical Psychology. Professionals. Growth of the Branch. Growht in India.

UNIT – II   Approaches

Psychodynamic, Behaviouristic, Humanistic, Cognitive and Socio-Cultural.

UNIT – III Diagnosis - I

Meaning of Psycho-Diagnosis. Types and Importance. Concept of Prognosis. Symptomatic vs. Dynamic. Symptomatic Diagnosis. ICD-10, DSM-IV (R).

UNIT – IV Diagnosis - II

Dynamic Diagnosis: Observation, Case History, and Interview.

UNIT – V   Impressionistic Approach

Impressionistic Approach of Diagnosis: Informal Assessment, Sources of Errors in Impression Formation. Importance of Psychometric Approach.

BOOKS RECOMMENDED

1. Bhola, P. & Raghuram, A. (2016). Ethical Issues in Counselling and Psychotherapy Practice. Springer.

2. Carr, A. (2012). Clinical Psychology; An Introduction. Routledge.

3. Dalth, J. H., Elias, M. J., Wandersman, A. & Dalton, J. H. (2007). Community Psychology: Linking Individuals and Communities. Wadsworth, Thomson Learning US.

4. Davey, G. (2008). Clinical Psychology. Taylor & Francis, India Pvt. Ltd, New Delhi.

5. DeRubeis R. J., Donald, K. and Routh, D. K. (1998). The Science of Clinical Psychology: Accomplishments and Future Directions. Google Books.

6. Gladding, S. T. (2017). Counselling: A comprehensive Profession. Seventh Edition. Pearson.

7. Hecker, J. E. & Thorpe, G. L. (2007). Introduction to Clinical Psychology. Pearson Education.

8. Heiden, L. A. & Hersen, M. (1995). Introduction to Clinical Psychology 1st Edition. Springer.

9. Iscope, I., Block, B. L. & Spielberger, C. D. (1977). Community Psychology: Perspectives in training and Research. NY: Appleton.

10. Kellerman, H. & Burry, A. (2009). Handbook of Psycho-Diagnostic Testing: Analysis of Personality in the Psychological Report. Springer.

11. Korchin, S. J. (1978). Modern Clinical Psychology: Principles of Intervention in the Clinical and Community. International Edition.

12. Korchin, S. J. (2004). Modern Clinical Psychology: Principles of Intervention in the Clinical and Community. 1st Edition. CBS Publisher.

13. Kumar, V. (2011). Clinical Psychology. Aadi Publications.

14. Mann, P. A. (1978). Community Psychology: Concepts and Applications. The Free Press.

15. Perkins, D. (2011). An Introduction to Community Psychology. Vanderbilt University.

16. Plante, T. G. (2010). Contemporary Clinical Psychology. John Wiley & Sons.

17. Pomerantz, A. M. (2017). Clinical Psychology: Science, Practice, and Culture 4th Edition. Sage Publications.

18. Rapaport, J. (1977). Community Psychology: Values, Research and Action. NY: Holt Rinehart.

19. Rappaport, J. & Seidman, E. (2000). Handbook of Community Psychology. Springer Science + business Media, LLC.

20. Reich, S. M., Riemer, M, Prilleltensky, I. & Montero, M. (2007). International Community Psychology: History and Theories Springer.

21. Walker, E. C. (1991). Clinical Psychology: Historical and Research Foundations. Springer Science + Business Media, LLC.

22. Wolman, B. B. (ed). (1965). Handbook of Clinical Psychology. McGraw Hills.

M.A. III SEMESTER (PSYCHOLOGY)
GROUP - C
PAPER – XIV (OPTIONAL)
PSYCHOTHERAPEUTIC COUNSELLING– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Psychotherapeutic Counselling Techniques

Techniques of Psychotherapeutic Counselling: Psychoanalytic, Behavioural. Client Centred. Community Interventions and Group Therapeutic Techniques.

UNIT – II   Methods for Altering Maladaptive Behavioural - Excesses

Shyness, Delinquency, Depression, Speech and Sexual Dysfunctions.

UNIT – III   Methods for Altering Maladaptive Behavioural - Excesses

Excessive Smoking, Alcoholism, Drug Addiction and Temper-Outburst, Physical Aggression.Internet addiction in special reference to adolescents-Its nature,causes and treatment.

UNIT – IV   Methods of Altering Inappropriate Behaviour

Marital Maladjustment, Child Misbehaviour, Homosexuality, Exhibitionism. Stress and Coping.

UNIT – V   Methods for Altering Fears and Anxiety

Methods for altering Fears and Anxiety. Treating Psychophysiological Disorders: Test-Anxiety, Generalized Anxiety, Stress, School Phobia, Snake Phobia, Combination of Fears, CHD, Asthmas and Peptic Ulcer.

BOOKS RECOMMENDED

1. Abate, L. & Milan, M. A. (ed.) (1985). Handbook of Social Skil Training and Research. New York: John Wiley & Sons.

2. Adelso, D. & Kalis, B.L. (1970). Community Psychology and Mental Health Perspecives. Seato.

3. Carson, R. C., Butcher, J. N. & Mineka, S. M. (1999). Abnormal Psychology and Modern Life. Pearson.

4. Corey. G. (1986). Theory and Practice of Counselling and Psychotherapy. Monterey, C.A.

5. Gelso, C. J. Williams, E. N. & Fretz, B. R. (1995). Counselling Psychology. APA Books.

6. Ghosh, M. (2015). Health Psychology: Concepts in Health and Well-being. Pearson.

7. Iscoe, I., & Spielberger, C. D. (Eds.). (1970). Community Psychology: Perspectives in Training and Research. New York, Appleton = Centruy-Crofts.

8. Iscoe, I. Bloom, B.L. & Spielberger, C. D. (1977). Community Psychology in Transition. USA: Hemisphere Publishing Corporation.

9. Levine, M., Perking, D. D. & Perkins, D.V. (2005). Principles of Community Psychology: Perspectives and Applications. Third Edition, New York, Oxford University Press.

10. Mann. A. P. (1978). Community Psychology: Concepts and Appliations. Free Press.

11. Rennie, D. L. (1998). Person-Centred Counselling: An Experiential Approach. Landon. UK: Sage.

12. Tayler S.E. (2006). Health Psychology. Tata McGraw Hill, New Delhi.

13. Toukmanian, S. G. & Rennie, D.L. (1992). Psychotherapy Process Research: Paradigmatic and Narrative Approaches. Thousand Oaks, CA: Sage.

14. Wolberg. L. R. (2013). The Technique of Psychotherapy. Fourth Edition, International Psychotherapy Institute E-Books.

15. Woolfe, R. & Dryden, W. (eds) (1996). Handbook of Counselling Psychology. Sage, London.

M. M. – 80

NOTE: Any five of the following to be completed in the Laboratory training.

1. Knowledge of Results.

2. Effect of Social Support on Conformity.

3. Attribution of Achievement Outcomes.

4. Zeigarnik Effect.

5. Level of Aspiration as a function of Success or Failure.

6. Reminiscence in Motor Learning.

7. Short Term Memory (STM)

8. Effect of Group on Individual Udgement.

9. Mental Health

   One Field Study.

M. A. – IV SEMESTER (PSYCHOLOGY)

S.No.	Paper No.	Title of Paper	Marks		Time
			Theory	Internal Assessment	
16.	XVI	Life Span Development	80	20	Three Hours
17.	XVII	Psychological Assessment – II	80	20	Three Hours
Optional Papers: Two Papers from any One of the Three Groups					
Group A : Psychology of Management					
18.	XVIII	Organizational Behaviour – II	80	20	Three Hours
19.	IX	Human Resource Development and Management – II	80	20	Three Hours
Group B : Psychology of Education					
18.	XVIII	Educational and Instructional Psychology – II	80	20	Three Hours
19.	IX	Basics of Psychological Guidance and Counselling – II	80	20	Three Hours
Group C: Clinical Psychology					
18.	XVIII	Clinical Diagnosis and Community Mental Health – II	80	20	Three Hours
19.	IX	Psychotherapeutic Counselling – II	80	20	Three Hours
5.	XX	Practicum (Field Work)	100		Four Hours

M.A. IV SEMESTER (PSYCHOLOGY)
PAPER – XVI (COMPULSORY)
LIFE SPAN DEVELOPMENT

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   Introduction to Development

Introduction: Nature, Stages and Principles of Developmental Psychology, Maturation vs Experience; Nature-Nurture debate.

UNIT – II   Theories of Development

Theroies of Human Development: Psychodynamic, Psychosocial, Behaviourism, Social Learning, Cognitive, Socio-Cultural Theory of Development

UNIT – II   Research Methods and Ethical Issues

Research Methodology in Development Psychology and Measurement Techniques, Research Design, Ethical Issues in Research on Child Development.

UNIT – IV   Foundations of Development

Biological foundation of Development, Development of Language and Communication. Emotional, Social, Personality and Moral Development.

UNIT – V   Development in Later Age

Adulthood, Middle and Old Age: Characteristics, Psychological Changes and Adjustment.

BOOKS RECOMMENDED

1. Baltes, P. B. & Brim O. G. Jr. (1978). Life Span Development and Behaviour. New York Academic Press.
2. Baltes, P. B. & Brim O. G. Jr. (1979). Life Span Development and behavior (Vol. 3). New York Academic Press.
3. Baltes. P. B. & Brim O. G. Jr. (1980). Life Span Development and Behaviour (Vol. 3). New York Academic Press.
4. Baltes, P. B., Reese, H. W., & Lipsitt, L. P. (1980). Life-Span Developmental Psychology, *Annual Review of Psychology, 31(1),* 65-110.

5. Baltes, P. B. & Brim O. G. Jr. (1981). Life Span Development and Behaviour (Vol.4). New York Academic Press.
6. Baltes P. B. & Brim O. G. Jr. (1983). Life Span Development and Behaviour (Vol.5). New York Academic Press.
7. Baltes, P. G. & Brim O. G. Jr. (1984). Life Span Development and Behaviour (Vol. 6). New York Academic Press.
8. Baltes, P. B. (1987). Theoretical propositions of Life-Span Development Psychology: On the Dynamics between Growth and Decline. *Developmental Psychology,* 23(5), 611.
9. Brophy, J. E., & Willis, S. L. (1981). Human Development and Behaviour. New York: St. Martin's Press.
10. Hurlock, E. (2017). Developmental Psychology: A Life-Span Approach. Tata McGraw Hill Education (5th Ed.)
11. Keenan, T. & Evans, S. (2009). An Introduction to Child Development. London: Sage Publications.
12. Papalia. D., Olds, S. & Feldman, R. (2017). Human Development. Thousand Oaks: Sage Publication Hill.

PSYCHOLOGICAL ASSESMENT – II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I   Measurement of intelligence

Concept and Measurement of Intelligence, Major Tests of intelligence developed under Western and Indian Cultural set up.

UNIT – II   Measurement of Aptitude Test

Concept and Measurement of Aptitude Test. Major Test of Aptitude Developed under Western and Indian Cultural set up. Achievement Test: Concept and Measurement.

UNIT – III   Test of Personality

Test of Personality: Projective and Psychometric Approaches, Major Test of Personality: Developed under Western and Indian Cultural set up.

UNIT – IV Test of Adjustment, Values, Interest, stress and Anxiety development under Indian condition.

UNIT – V   Psychological Testing in Applied Field.

Psychological Testing in Applied Field: Neuro-Psychological Testing :

Objectives and Major Neuropsychological Test. Emotional Intelligence Test: Concept and Major Test of Emotional Intelligence developed under Western and Indian Cultural set0up.

BOOKS RECOMMENDED

1. Anastasi, A. (1988). Psychological Testing. London: Mc Millan Pulishing Company.
2. Cronbach, L.J. (1997), Essentials of Psychological Testing. Pearson.
3. Freemen, S. (2018). Theory and Practice of Psychological Testing, 3/E. Oxford & IH-Pubs Company-New Delhi.
4. Ghiselli, E.E. (1964). Theory of Psychological Measurement. Tata McGraw-Hill.
5. Goleman, D. (1996). Emotional Intelligence. Antam Douleday Dell Pulishing Group.
6. Guilford, J.P. (1954). Psychometric methods. New Delhi, Tata Mc. Graw Hill.
7. Guilford, J.P. (1982). Psychometric Methods. New Delhi, Tata McGraw Hill.
8. Nunnally, J.C. (1970). Introduction to Psychological Measurement. McGraw Hill.
9. Nunnally, J.C. (1997). Psychometric Theory. Pearson, 5 Edition.
10. Nunnally, J. & Bernstein, I. (2017). Psychometric Theory. McGraw Hill Education.
11. Psychological Strudies – 2004, Vol.-49
12. Urbina, S. (2014). Essentials of Psychological Testing. John Wiley & Sons Inc.

GROUP - A
PAPER – XVIII (OPTIONAL)
ORGANISATIONAL BEHAVIOUR – II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I   Groups

Types of Groups, Processes, Group Culture and Social Influence, Team uilding. Techniques of uilding Group Consensus. Understanding and Managing Team Dynamics.

UNIT – II   Communication

Nature, Types, Application of different types of communication, Role of T A in Communication.

UNIT – III   Organizational Change

Types of Change, Sources of Change Process, Human Element in Change.

UNIT – IV   Organizational Development

Concepts, objectives and Goals, Process Behavioural Science approach to Organizational Development.

UNIT – V   Marketing

Marketing Research, Nature and Functions, Consumer Behaviour, Sales Promotion Strategies.

BOOKS RECOMMENDED

Drummond, H. (2000). Introduction to Organizational Behaviour. OUP Catalogue.

Greenerg, J. & Baron, R. A. (2008). Ehaviour in Organizations. Upper Saddle River, N.J.: prentice Hall.

Johns, G., & Saks, A. M. (2001). Organizational Behaviour: Understanding and Managing Life at Work.

Luthans, F. (1995). Organizational Behaviour. Mc Graw Hill International Edition.

Luthans, F. (2011). Organizational Behaviour. The McGraw-Hill Companies, Inc.

Robbins, S. P. (2000). Organizational Behaviour. (9th edition). Prentice hall India, New Delhi.

Robbins, S.P. Organizational Behaviour. Concepts and Self-Assessment. Pearson College Division.

Robbins, S.P., Judge, T., & Breward, K. (2003). Essentials of Organizational Behaviour. (Vol. 7). Upper Saddle River, NJ: Prentice Hall.

Wilson, F. M. (2018). Organizational Behaviour. And Work: A Critical Introduction. Oxford Univesity Press.

GROUP - A
PAPER – XIX (OPTIONAL)
HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT - II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I   Job Evaluation

Job Evaluation, Wage and Salary Administration. Employment Incentives.

UNIT – II   Human Resource Policies and Practices

Human Resource Policies and Practices, changing trends in Work Environment, Developing the Human Resource.

UNIT – III   Maintaining Human Resource

Maintaining Human Resource Safety and Health Stress Management, Labour Relations.

UNIT – IV   Collective Bargaining, Employee Involement, Employee Communication.

UNIT – V   Employee Counselling. Challenges of human Resource Management.

BOOKS RECOMMENDED

Aswathappo. (2002). Human Research and Personnel Management. Tata McGraw Hill.

Bhattacharyya, D.K. (2011). Performance Management Systems and Strategies. Pearson Education India.

Cascio, W.F. (1998). Managing Human Resource. Delhi: Tata McGraw Hill.

Cascio, W. F. & Aguinis, H. (2010). Applied Psychology in Human Resource Management. Prentice Hall India Learning Private Limited; 6 Edition.

Cascio, W. & Namudiri, R. (2010). Managing Human Resources: Productivity, Quality of Work Life, Profits. McGraw Hill Education; 8 Edition.

John O. Okpara, J. O. & Wynn, P. (2007). Human Resource Management Practices in a Transition Economy: Challenges and Prospects. Emerald Group Pulishing Limited.

Johnson, G & Scholes, K. (1996). Exploring Corporate Strategy. Prentice-Hall, New Delhi.

Miner, J. B. (1992). Industrial / Organizational Psychology. New Your, McGraw Hill.

Pareek, U. & Rao, T. V. (2015). Designing and Managing Human Resources Systems. Oxford & IBH.

Pareek, U. (2017). Designing and Managing Human Resource Systems. Oxford & IBH Pulishing Co Pvt. Ltd; 3rd edition.

Pareek, U. & Rao, T.V. (2005). First Handbook of Psychological and Social Instruments. Concept Publishing Company.

Rao, T.V. (2015). Performance Management; Toward Organization Excellence. SAGE Response; Second edition.

Pareek, U. & Khanna, S. (2016). Organizational Behaviour. Pearson.

Snell, S. & Bohlander, G. (2012). Human Resource and Management. Cengage Learning.

PAPER – XVIII (OPTIONAL)
EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY - II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I   Teaching and Classroom Management

Effective Teaching and Classroom Management. Planning and Setting Objectives for Teaching. Characteristics of Effective Teachers.

UNIT – II   Teaching Methods and Instruction

Teaching Methods, Instruction Lecturing and Explaining, Questioning, Student Centred Teaching and Teaching in Small Groups. Discussion Method and Cooperative learning, Computer-Assisted Instruction.

UNIT – III   Exceptionality and Social Education

Exceptionality and Social Education: Categories of Exceptionality, Laelling and Educational Relevance, Physically Disaled Students. Students with Cognitive Disabilities. Brain Dysfunction and Communication Disorders.

UNIT – IV   Emotional and Behaviour Disorder

Students with Emotional and Behaviour Disorder. Attention Deficit Disorder (ADD), Attentional Deficit Hyperactive Disorder (ADHD), Gifted and Talented Students.

UNIT – V   Measurement and Evaluation

Measurement and Evaluation: Educational Assessment, Measurement and Evaluation (Norm Referenced and Criterion Referenced Tests).
Test Scores-Meaning and Types,. Classroom Assessment and grading.

BOOKS RECOMMENDED

1. Aruna, M. G. (2003). Educational Psychology. New Delhi; Neel Kamal Publications.
2. Best J.W. (1992), Research in Education. New Delhi: Prentice Hall of India. Private Limited

3. Borg. W.R., Gall, M.D. & Gall, M.D. (1997) Educational Research and introduction. New York: Longman Inc.

4. Cecco, John P.De. (1968). The psychology of learning and Instruction: Educational Psychology, Englewood cliffs, N.J.: Prentice – Hall.

5. Cohen, L & Manion, L., (1989.) Research Methods in Education. London: Routedge.

6. Crow, L & Crow A (1991). Educational psychology, New Delhi: Eurasia Publishing Home.

7. Ellis, R.S. (1965). Educational Psychology: A problem Approach Affiliated, New Delhi, East West Press.

8. Gage, N. L., & Berliner, D.C. (1998) Educational Psychology (6th ed.), Boston, MA: Houghton Mifflin.

9. Goswami M. (2015). Essentials of Educational Psychology. Mahaveer Publications.

10. Meece, J.L., Anderman, E.M. & Andermen, L.H. (2006). Classroom Goal Structure, Student Motivation and Academic Achievement. Annual Review of Psychology, Vol. 57(1), 487-503.

11. Sharma, R.A. (2010). Essentials of Educational Technology and Management. International Publishing House – Meerut.

12. Travers, J.F. (1979). Educational Psychology (2nd Ed.). Harper & Row, New York.

13. Travers, R.M. W. (1986). An Introduction to Educational Research, New York. The McMillan Publishing Company.

14. Woolfolk, A.H. (1993). Educational Psychology (6th Ed.) Allyn & Bacon, London/Boston.

15. Woolfolk, A.H. (2018). Educational Psychology. Pearson.

PAPER – XIX (OPTIONAL)

BASIC OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – II

M.M. 80

Note: This paper consists of five units. From each unit two questions will be set and candidates will have to answer one question from each unit.

Unit – I   **Introduction**

Nature, Need and Functions Counseling. Counseling and Psychotherapy. Intervention, Goal and Objectives of Counseling. Characteristicss of a Good Counselor. Counsellor's Training.

Unit – II   **Counseling Process and Counseling Skills**

Stages in Counseling, Critical Issues in Counseling Process. Basic and Advanced Counseling Skills; Active Listening, Empathy, Probing, working through cognition, Affect and Emotion.

Unit – III   **Approaches**

Approaches of Counseling: Directive, Non – directive, Eclectic. Individual and Group Counseling. Group Counseling skills. Evaluation of Counseling. Follow – up and Placement.

Unit – IV   **Counseling in Special Settings – I**

Educational Settings: Elementary, School, Secondary School, Institutions of Higher Education. Vocational Schools, Career Counseling, Employment Counseling.

Unit – V   **Counseling in Special Settings -II**

Community and Mental Health. Pre – Marital and Marital Counseling. Family Counseling. Gerontology Counseling. Special Populations: suicide, HIV – AIDS, Sexual Abuse.

BOOKS RECOMMENDED

1. American Psychiatric Association (2013). Diagnostic and Statistical Manual of Mental Disorders (DSM – 5 (R)). American Psychiatric Association Publishing: 5th Revised edition.

2. Anastasi, Z., & Lewis, E.C. (1970), counseling Psychology, New York, Holt Rinehart and Winster, Inc.

3. Berms C. (1999). Dealing with challenges in Psychotherapy and Counseling (Skills, Techniques, & Process). Brook cole.

4. Bhatnagar, A. & Gupta N. (1999). Guidance and counseling, Vol. I: A theoretical perspective, Vikas Publishing House Pvt. Ltd. New Delhi.

5. Bhatnagar, A. & Gupta N. (1999). Guidance and counseling, Vol. II: A Practical Approach, Vikas Publishing House Pvt. Ltd. New Delhi.

6. Corey, G. (2013). Theory and Practice of Counseling and psychotherapy Perfect. Wadsworth; 9 Edition.

7. Corey, G., Haynes R.H., Moulton, P. & Muratori, M. (2014). Clinical supervision in the Helping Professions: A Practical Guide American Counseling Association; 2 Edition.

8. Felrham, C., & Hortan I. (2006). The SAGE Handbook of Counseling and Psychotherapy, Sage Publications Ltd.; Second Edition.

9. Gibson, R.L. & Mitchell, M.H. (2009). Introduction to Counseling & Guidance Learning: New Delhi: PHI, Pvt. Ltd.

10. Harson, J.C. (1978). Counseling Processes and Procedures. New York, McMilan Publishing Co. Inc.

11. Jones R. N. (2012). Basic Counseling Skills; A Helper's Manual, Sage South Asia; Third Edition.

12. Jones R.N. (2012). Theory and Practice of Counseling and Therapy. SAGE South Asia; Fifth Edition.

13. Jones R.N. (2012). Introduction to Counseling Skills; Text and Activities. SAGE Publications Ltd.; Fourth Edition.

14. Jones R.N. (2014). Nelsons-Jones' Theory and Practice of Counseling and Psychotherapy. SAGE publications Ltd. Sixth Edition.

15. Kapur, M. (1995). Mental Health of Indian children, New Delhi: Sage Pulications.

16. Kapur, M. (1997), Mental Health in Indian Schools, New Delhi, Sage Publications.

17. Kapur, M. (2011). Counseling Children with Psychological Problems. Pearson Education India.

18. Kemp. C.G. (1970). Foundations of Group Counseling. New York, McGraw Hill.

19. Lewis, E.C. (1970). The Psychology of Counseling. New York: Holt, Rinchart and Winston, Inc.

<div align="center">

GROUP – C

PAPER – XVIII (OPTIONAL)

CLINICAL DIAGNOSIS AND COMMUNITY MENTAL HEALTH- II

</div>

<div align="right">

M.M.-80

</div>

NOTE; This paper consists of five units. Form each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I   **Clinical Assessment**

Clinical Assessment: basic principles, Psychometric Test: MMPI, WAIS and WISC.

UNIT – II   **Projective Tests**

Projective Tests: Characteristics and Clinical Use, Rorschach and TAT.

UNIT – III   **Neuro Psychological Examination**

Neuro Psychological Examination: Approaches: Halstead Neuropsychological Test Battery, Luria Nebraska Battery, use of Bender Gestalt and Weschler Scale in Neuro Psychological Testing.

UNIT – IV   **Community Psychology**

Community Psychology: History and Perspectives of Community Psychology. Theoretical concepts of Community Psychology: Definition and perspectives with Reference to Mental Health, Organizational Health and Social Action. Individual wellness, sense of Community, Psychological sense of community, Social Justice, Participatory Approach, Empowerment citizen Participation, Collaborative Community Strength, Human Diversity and Empirical Grounding.

UNIT – V   **Community Psychology and Social Intervention**
Community Psychology: Social Interventions: Methods and Strategies.

BOOKS RECOMMENDED

1. Carter, J.W. (1986), Research Contributions from Community Psychology in Community Health Behavior Pub. NY.
2. Iscope, I., Block, B.L.& Spielberger, C.D. (eds) (1977). Community Psychology: Perspectives in Training and Research. NY: Appleton.
3. Korchin, S. (1978). Modern Clinical Psychology. Harper and Row.
4. Mann. A.P. (1978). Community Psychology: concepts and Applications. Free Press.
5. Nelson, G., Kloos, B. & Ornelas, J. (2014). Community Psychology and Community Mental Health: Toward Transformative change. Prints Publications.
6. Park, K. (2013). Park's Textbook of Preventive and Social Medicine. Banarsidas Bhanot – Jabalpur.
7. Rapaport, J. (1977). Community Psychology: Values, Research and Action. NY: Holt Rinnehart.
8. Wolman, B. B. (ed.) (1972). Handbook of Clinical Psychology. Mc. Graw Hills.

PAPER – XIX (OPTIONAL)

PSYCHOTHERAPEUTIC COUNSELLING – II

M.M. – 80

NOTE – This paper consists of five units. From each unit minimum two questions will be set and

candidates will have to answer one question from each unit.

UNIT – I   **Cognitive and Behavior Therapies**

Nature, concept and Modes of Therapies: Individual and Group, Couple and Family. . Behavioural Therapy, Cognitive Behavior Therapy, Rational Emotive Therapy. .

UNIT – II   **Assertiveness Training**

Nature and Concept. Assertiveness Training. Developing Assertive Behavior. Assertiveness through personal Appearance, Improving Client's Grooming Modelling.

UNIT – III   **Psychotherapy**

Psychoanalytic and Humanastic, DBT(Dialectic behaviour Theraphy,), REBT (Rational Emotive Behaviour Therapy)Integrative Theraphy.

UNIT – IV   **Psychological Interventions**

Psychological Interventions Techniques. Family and Group Interventions and Wellness.

UNIT – V   **Ehtical Issues and Legal Concerns**

Counsellors Accountability System. Ethical Issues, Legal Concerns of the Coundellors. Special Counselling Population: HIV – AIDS, substance Abuse.

BOOKS RECOMMENDED

1. Abate, L. & Milan, M. A. (ed) (1985). Handbook of Social Skill Training and Research. New York: John Wiley & Sons.
2. Busch, F.N. (2018). Psychodynamic Approaches to Behavioural Change. American Psychiatric Association, Publishing.
3. Caligor, E. Kernberg, O.F., Clarkin, J.F. & Yeomans, F.E. (2018). Psychodynamic Therapy for Personality pathology: Treating Self and Interpersonal Functioning American Psychiatric Association, Publishing.
4. Cason, R. C., Butcher, J. N. & Mineka, S. (2000). Abnormal Psychology and Modern Life. Allyn & Bacon.
5. Corey, G. (2017). Theory and Practice of Counseling and Psychotherapy. Cengage Learning.
6. Corbett, F.C. (1977). The Community Involvement Program: Social Service as a Factor in Adolescent Moral and Psychological Development. Dissertation and Thesis. https://digitalcommons.unomaha.edu/slcedt/5, University of Nebraska at Omaha.
7. Dewan, M.J., Steenarger, B. N. & Greenberg, R.P. (2018). The art and Science of brief Psychotherapies: A Practitioner's Guide, Third Edition. American Psychiartic Association Publication.
8. Gelso, C.J. & Fretz, B. R. (1995). Counseling Psychology, Bangaluru, Prism Book Ltd.
9. Iscoe, I. Block, B.L. & Spielberger, C.D. (eds.) (1977): Community Psychology: Perspectives in Training and Research, N.Y. Appleton.
10. Levine, M., Perkins, D. D. & Perkins, D.V. (2005). Principles of Community Psychology: Perspectives and Applications.
11. Mann, A.P. (1978): Community Psychology: Concepts and Applications. Free Press.
12. Mcbride, D. M. & Cutting, J.C. (2015). Lab Manual for Psychological Research. Revised Third Edition. SAGE Publications, Inc.
13. Simel, D.L., & Rennie, D. (2009). The Rational Clinical Examination: Evidence Based Clinical Diagnosis. McGraw- Hill Education/ Medical; 1 edition.
14. Toukmanian, S.G. & Rennie, D.L. (1992): Psychotherapy Process and Research, Sage. Psychology. (Editor) SAGE Publications.
15. Wolberg, L.R. (1995): The Technique of Psychotherapy. Jason Aronson, Inc.: Fourth editon.
16. Wolberg L. R. (1977). The Technique of Psychotherapy, 3rd edition, Parts 1 and 2, Grune & Stratton, New York City.
17. Wolberg, L.R. (2013). The Technique of Psychotherapy. Fourth Edition. International Psychotherapy Institute E-Books.
18. Woolfe, R. & Dryden, W. (eds) (1996). Handbook of Counseling Psychology. Sage Publications.
19. Woolfe, R., Strawbrdige, S. Douglas, B. & Dryden, W. (2009). Handbook of Counseling Psychology, Third Edition, Sage Publications.

PAPER – XX (OPTIONAL)
PRACTICAL (COMPULSORY)

M.M. – 100

FIELD STUDY

This part of the practical paper comprises of completion of two Field Studies, and two tests, one from the area of compulsory papers and another from the area of optional papers of the special groups. Administration, Scoring and Interpretation of Various test results should e done. The optional group prescribed along with the areas of specialization given below:

Group 'A'   Psychology of Management.

Communication Network

Emotional Intelligence

Job Satisfaction/ Job Analysis

Management Style

Occupational Stress

Organizational Structures.

Role Conflict/ Role Stress

Group 'B'   Psychology of Education

Academic Stress

Exceptional Children

Learning Style / Thinking Style

Need of Guidance: Educational / Vocational

Test Anxiety

Youth Problem.

Group 'C'   Clinical Psychology

Adjustment

Intelligence (Verbal / Non - Verbal)

Mental Health

Depression

Personality

Rorchach Inck Block Test

Well - Being

Note: besides the above, the candidate has to complete any two of the following in detail.

Case Study

Construction of a tool on a theme.

Construction of Questionnaire

Steps of Clinical Interview

Designing any OD intervention

Suggested Readings

List of books in English and Hindi

Semester I & II

Cognitive and General Psychology

Best, J. b. (1992). Cognitive Psychology. 3rd Edition. West Publishing Company.

Feldman, R.S. (2008). Essentials of Understanding Psychology. Pearson Education; Eighth edition.

Feldman, R.S. (2008). Understanding Psychology. McGraw – Hill, Higher Education; 9th edition.

Feldman, R. (2010). Development across the Lifespan. Pearson Education: Delhi.

Feldman. R. S. (2013). Understanding Psychology McGraw – Hill, Higher Education; eleventh edition

Galotti, K.M. (2001). Cognitive Psychology in and outside of the Laboratory. 2nd Edition, Wadsworth.

Goldstein, B. E. (2007). Sensation and Perception (7th Edition). Wadsworth.

Harley, T.A. (2002). The Psychology of Language: From Data to Theory. Taylor Francis.

Hoeksema, S,N., Fredrickson, B. L. Loftus, G. R. & Lutz, C. (2015). Atkinson & Hilgard's Introduction to Psychology. Cengage India.

Kellog, R.T. (2012). Fundamentals of Cognitive Psychology: SAGE South Asia; Second edition.

Kosslyn, S. M. & Smith, E. E. (2015). Cognitive Psychology: Mind and Brain. Pearson Education India; I edition.

Mangal, S.K. (2009). General Psychology. Sterling Publishers, Pvt. Ltd.

Mangal, S.K. (2009). An Introduction to Psychology, Sterling Publishers.

Maltin, M.W. (2008). Cognition (7th Ed.). CA: John Wiley & Sons.

Narajo, C. (2000). Gestalt Therapy: The Attitude and Practice of an Atheoretical Experientialism Wales: Crown House Publishing Limited.

Passer, M.W. & Smith, R. E. (2010). Psychology: The Science of Mind and Behavior. New Delhi: Tata McGraw Hill.

Solso, R.L., MacLin, O.H. & MacLin, M.K. (2008). Cognitive Psychology. Pearson, Allyn And Bacon.

Social Psychology

Aronson, E., Wilson, T.D., & Akert, R.M. (2010). Social Psychology (7th ed.). Upper Saddle River, NJ: Prentice Hall.

Baron, R.A., Branscomb, N.R. & Bryne, D. (2010). Social Psychology (12th ed.). New York: Pearson Education.

Baron, R. A., Branscomb, N.R., Bryne, D. & Bharadwaj, G. (2009). Social Pyschology Pearson India.

Baumeister, R. F. & Bushman, B. J. (2013). Social Psychology and Human Nature. Wadsworth.

Bhardwaj, G. (2011). Fundamentals of Social Psychology. Pearson Education India.

Branscombe, N. R., Baron, R.A. & Kapur, P. (2017). Social Psychology. Pearson Education: Fourteenth edition.

Chiu, C. & Hong. Y. (2006). Social Psychology of Culture. New York: Psychology Press.

Cormelissen, R. M., Verma, S. & Misra, G. (2010). Foundations of Indian Pyschology, Volume one: Concepts and Theories. Pearson, New Delhi.

Dalal, A.K. (2016). Cultural Psychology of Health in India: Well - Being, Medicine and Traditional Health Care. Sage Publications India Private Limited.

Deb, S. (2004). Child Abuse and Neglect: South Asian Scenario. Kolkata. Lunar Publications.

Deb. S. (2004). Child Protection: Socio-Legal Measures in India, Kolkata. Lunar Pulications.

Deb. S. (2004). Children in Agony. New Delhi, Concept Publications.

Deb. S. (2006). Contemporary Social Problems in India. New Delhi, Anmol Publications.

Deb. S. (2009). Child Protection: Scenario in India. International Journal of Child Health and Human Development, 2 (3), 339-348.

Deb. S. & Modak, S. (2010). Prevalence of Violence against Children in Families in Tripura and its relationship with Socio-economic. Cultural and Other Factors. Journal of Injury and Violence Research, 2 (1), 5-18.

Deb. S. (2011). Background and Adjustment Capacity of Sexually Abused Girls and their Perceptions of Intervention. Child Abuse Review, 20,213-230

Deb. S. & Matherws. B. (2012). Children's Rights in India: Parents' and Teachers' Attitudes, Knowledge and Perceptions. International Journal of Children's Right, 20, 1-24.

Deb, S. & Walsh, K. (2012). Impact of Physical, Psychological, and Sexual Violence on Social Adjustment of School Children in India. School Psychology International, 33(4),391-415.

Elliot, A., Timothy, W. D. & Sommers, S.R. (2017). Social Psychology. Pearson Education: Ninth Edition.

Feldman, R. S. (1999). Social Psychology. Pearson Education; Eighth edition.

Fiske, S.T., & Taylor, S. E. (2007). Social Cognition, from Brains to Culture. New York, McGraw Hill.

Franzoi, S.L. (2009). Social Psychology (5th Ed.). New York: McGraw Hill.

Glassman, W. & Hadad, M. (2008). Approaches to Psychology (3rd Ed.). Buckingham: Open University Press.

Jain, U. (2002). An Indian Perspective on Emotions, in G. Misra, and A.K. Mohanty (eds.), Perspectives on Indigenous Psychology, P. 281-291. New Delhi: Concept Publishing Company.

Kim, U., Shu, K., Yang, K.S. & Hwang, K. K. (2006). Indigenous and Cultural Psychology: Understanding People in Context. Springer.

Kimble, C.E. (1990). Social Psychology: Studying Human Interaction. C. Brown Publishers, New York.

Kothurkar, V. V. & Vanarase, S. D. (1985). Experimental Psychology, Wiley Eastern, New Delhi.

Krech, D. & Crutchfield, R.S. (1961). Theory and Problems of Social Psychology. McGraw-Hill, New York.

Lindgren, H.C. (1973). An Introduction to Social Psychology. Second Edition. John Wiley And Sons, New York.

Lindzey, G. & Aronson, E. (1975). Handbook of Social Psychology. Amercind Publishing Company, New Delhi, Vol III and IV (Selected Chapters).

Macrae, C. N., & Quadflieg. S. (2010). Perceiving People, in S. T. Fiske, D.T. Gilbert, & G. Lindzey (Eds.), Handbook of Social Psychology (5th Ed., Vol. 1, Pp. 428-463). Hoboken, NJ: John Wiley and Sons.

Madan, G.R. (1995). Indian Social Problems. Vol.1, Allied Publishers.

Misra, G., Tripathi, R. C. & Sinha, D. (1995). Deprivation: Its Social Roots and Psychological Consequences. Concept Publishing Company.

Misra, G. (2006). Psychology and Societal Development. Concept Publishing Company.

Misra, G. (2009). Psychology in India. Volume I: Basic Psychological Processes and Human Development. Pearson Education India.

Misra, G. & Gergen, K. L. (2002). On the place of Culture in Psychological Science. In G. Misra and A.K. Mohanty (eds.), Perspectives on Indigenous Psychology, p. 421-439, New Delhi, Concept Publishing Company.

Myers, D. G., Sahajpal, P. & Behra, P. (2017). Social Psychology. McGraw-Hill Education; tenth edition.

Myers, D. G. (2006). Social Psychology. New Delhi: Tata McGraw Hill.

Myers, D. G. (2017), Social Psychology. McGraw Hill Eduaction.

Newman, W. L. (1991). Social Research Methods: Quantitative and Qualitative Methods, boston: Allyn & Bacon.

Oskamp, S. & Schultz, P. W. (1998). Applied Social Psychology. Pearson.

Sanderson, C.A., & Safdar, S. F. (2012). Social Psychology. Ontario, Canada: John Wiley.

Singh, A.K., (2015). Social Psychology, Prentice Hall India Learning Private Limited.

Sinha, D. (2015). Psychology for India. Sage Publications India Private Limited.

Sinha, D., Tripathi, R. C., & Misra, G. (Eds.). (1982). Deprivation: Its Social Roots and Psychological consequences. Concept Publishing Company.

Sinha, J. b. P. (2002). Towards indigenization of Psychology in India. In G. Misra and A.K. Mohanty (eds.). Perspectives on Indegenous Psychology, p. 440-457. New Delhi: Concept Publishing company.

Smith, P. B., bond, M.H., & Kagitchibasi, C. (2006). Understanding Social Psychology across cultures: Living and Working in a Changing World. London: Sage.

Smith. P. K., Fishcher, R., Vignoles, V. L. & bond, M. H. (2013). Understanding Social Psychology across Cultures: Engaging with others in Changing World. Sage.

Smith, R. E. & Passer, M. W. (2010). Psychology: The Science of Mind and Behavior. McGraw- Hill Education.

Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social Psychology (12th ed.). New Jersey: Pearson Education.

Wells, G. L., Memon, A., & Penrod, S. D. (2006). Eyewitness Evidence: Improving its Probative Value. Psychological Science in The Public Interest. 7(2), 45-75.

Worcel, S., Coeper, J., Geothals, G. R. & Olson, J. M. (2000). Social Psychology. CA Wadsworth.

Research Methods and Statistics

Aron, A., Coups, E. J. & Aron, E. N. (2012). Statistics for Psychology. Pearson Education, Prentice Hall.

Chadha N. K. (1991). Statistics for Behavioural and Social Sciences. Reliance Pub. House: New Delhi.

Coolican, H. (2006). Introduction to Research Methodology in Psychology. London: Hodder Arnold.

Field, A. (2013). Discovering Statistics using IBM SPSS Statistics. Sage Publications.

Garett, H. E. (2011). Statistics in Q2 Education, New Delhi, Paragon International Publishers.

Gravetter, F.J. & Forzana, L. A. b. (2009). Research Methods for Behavioural Sciences. United States: Wordsworth Cengage Learning.

Herman, G. W. (1995). Research Methods in Psychology. Houghton Mifflin Company, Boston, Illinois, New Jersey.

Howell, D. (2009). Statistical Methods for Psychology. Wadsworth Publishing.

King, b. M. & Minium, E. W. (2007). Statistical Reasoning in the behavioural Sciences (5th Ed.). USA: John Wiley & Sons Inc.

Kothari, C.R. & Garg. G. (2018). Research Methodology. New Age International Publishers, Fourth Edition.

Kumar, R, (2014). Research Methodology. Sage Publishing: 4th Edition.

McCormick, K., Abbott, D., Brown, M. S., Khabaza, T., & Mutchler, S.R. (2013). IBM SPSS Modeler Cookbook. Packt Publishing.

Neuman, W. L., (2006). Social Research Methods: Qualitative and Quantitative Approaches (6th Ed.) Boston: Pearson Education.

Willig, C. (2001). Introducing Qualitative Research in Psychology: Adventures in Theory and Method. Philadelphia, Open University Press.

Pannerselvam, R. (2013). Research Methodology. Prentice Hall India Learning Private Limited: Second edition.

Psychopathology and Health Behavior.

Ahuja, N. (2011). A Short Textbook of Psychiatry. JPB; Seventh edition.

Allen, F. (2011). Health Psychology and Behavior. Tata McGraw-Hill Edition.

American Psychological Association (2013). Diagnostic and Statistical Manual of Mental Disorders (DSM-5 (R)). American Psychiatric Association Publishing; 5th Revised edition.

Bennett, P. (2006). Abnormal and Clinical Psychology: An Introductory Textbook. New York: Open University Press.

Butcher, N.J., Hooley, J.M., Mineka, S. & Dwivedi. C. B. (2017). Abnormal Psychology. Pearson Education; Sixteenth edition.

Carson, R. C., Butcher, J. N. Mincka, S. & Hooley, J. M. (2008). Anormal Psychology New Delhi: Pearson.

Coleman, J. C. Butcher J.N. & Carson B. C. (2000). Abnormal Psychology and Modern Life, 12th edition. Scot, Foresman and Company.

David, B. H. & Durand, V. M. 7th Edition, e-book (2013). Abnormal Psychology. Cengage Learning India Edition.

Gabbarel, G. O., Beck, J. S., & Holmes, J. (2007). Oxford Text Book of Psychotherapy. New York: Oxford University Press.

Kearney, C. A. & Trull, T. J. (2012). Abnormal Psychology and Life: A Dimensional Approach, Cengage Learning.

Mangal, S.K. (2008). Abnormal Psychology. Sterling Publishers, Pvt. Ltd: UK ed. Edition.

Misra, G. (1999).Psychological Perspectives on Stress and Health. Concept Publishing Company.

Snyder, C. R. & Lopez, S. J. (2007). Positive Psychology: The scientific and practical explorations of human Strengths. Thousand Oaks, CA: Sage.

Taylor, S. E. (2014). Health Psychology. McGraw Hill Education.

W H O (2004). The ICD-10 Classification of Mental and Behavioral Disorders: Clinical Descriptions and Diagnostic Guidelines. AITS Publishers and Distributors.

Whitbourne, S. K. & Halgein, R. P. (2015). Abnormal Psychology. McGraw Hill Education.

Semester III & IV

Development Psychology

Feldman, R. S. & Babu, N. (2018). Development Across the Life Span. Pearson Education.

Hurlock, E. (1993). Developmental Psychology. Tata McGraw Hill.

Feldman, R. (2010). Development Across the Lifespan. Pearson Education: Delhi.

Hurlock, E. (1993). Development Psychology. Tata McGraw Hill.

Personality Psychology

Adair, J. G. (2002). How International Is International Psychology? International Journal of Psychology, 37, 160-170.

Auluck, S. (2002). Self and Identity in G. Misra and A. K. Mohanty (eds.). Perspective on indigenous Psychology, p. 374-398, New Delhi: Concept Publishing Company.

Cornelissen, R. M. M. & Misra, G. & Varma, S. (2013). Foundations and Applications of Indian Psychology. Pearson Education.

Dalal, A. K. & Misra, G. (2010). The Core and Context of Indian Psychology. SAGE

Fadiman, J. & Frager, R. (2005). Personality and Personal Growth. 6th Edition New York: Prentice Hall.

Misra, G. (2002). Perspective on Indigenous Psychology. Concept Publishing Company.

Misra, G. Cornelissen, R. M. M. & Verma, S. (2010). Foundations of Indian Psychology Volume 1 : Concepts and Theories, Pearson Education India.

Pandey, A. (2010). Psychotherapy and Indian Thought. Science and Spirituality, Next Future.

Rao, K. R. (2011). Indian Psychology: Implications and Applications. In Cornelissen, R. M. M., Misra, G., Verma, S. (Eds), Foundations of Indian Psychology: Theories and Concepts Vol. 1 New Delhi: Pearson.

Assessment

Anastasi, A. & Urbina, S. (2016). Psychological Testing 7/e (Adaptation). Pearson Education India; Seventh edition.

Cohen, R. J. & Swerdlik, M. E. (2009). Psychological Testing and Assessment, McGraw Hill Higher Education.

Gregory, R. J. (2014). Psychological Testing: History, Principles and Applications. Pearson Education Limited.

Hussain, A. (2012). Psychological Testing. New Delhi Pearson Education.

Murphy, K. R. & Davidshofer, C.O. (2004). Psychological Testing: Principles and Applications (6th Ed.) New Jersey: Prentice Hall.

Palmer, J. O. (1983). The Psychological Assessment of Children New York: John Wiley and Sons.

Sattler, J. H. (1986). Assessment of Children, 3rd ed. San Diego, Jerome, M. Sattler Publisher.

Singh, A. K. (2017). Tests, Measurements and Research Methods in Behavioral Sciences Bharti Bhawan Publishers & Distributors; Fifth edition.

Educational Psychology

Aggarwal, J. C. (2014). Essentials of Educational Psychology, Pearson Education India.

Lahey, R. B. & Graham, J. E. (2000). An Introduction to Educational Psychology, 6th Ed., Tata McGraw Hill Publishers, New Delhi.

Mathur, S. S. (2016), Fundamentals of Guidance and Counseling. Vinod Pustak Mandir, Agra.

Misra, G., Jha, A. & Woolfolk, A. (2012). Fundamentals of Educational Psychology, Pearson Education India.

Rao, S. N. (2002). Educational Psychology, New Age International Pub; First edition.

Santrock, J.W. (2010). Educational Psychology. McGraw-Hill Education; 5edition.

Sharma, R. N. & Sharma, R. K. (2006). Advanced Educational Psychology. Atlantic Publishers.

Slavin, R. E. (2014). Educational Psychology: Theory and Pratice, Tenth edition, New International ed. Harlow, England, Pearson.

Swanson, L. H. & Vbiafirou, B. (1982). Educational and Psychological Assessment of Exceptional Children. St. Louis: The C.V. Mosby Company.

Vatsyayan (1966). Educational Psychology. Kedarnath Ramnath Publishers, Meerut.

Woolfolk, A. & Woolfolk, H. A. (2008). Educational Psychology. Pearson, New Delhi.

Woolfolk, A. (2014). Educational Psychology. (12th Edition), Pearson India.

Guidance and Counseling

Gladding, S. T. (2017). Counseling. Pearson.

Gladding, S. T. & Batra, P. (2017). Counseling: A Comprehensive Profession. Pearson Education; Seventh edition.

Jones, R. N. (2012). Theory and Practice of Counseling and Therapy. SAGE South Aisa.

Nayak, A. K. (1997), Guidance and Counseling, New Delhi: APH Publishing Corporation, New Delhi.

Peterson, J. V. & Nisenholz, b. (1995). Orientation to Counselling. Allyn and Bacon, Boston.

Rao, S. N. (2002). Counseling and Guidance, Tata McGraw – Hill Education.

Ranganathan, N. & Wadhwa, T. (2017). Guidance and Counseling for Children and Adolescents in Schools (India). SAGE Publications, India Pvt. Ltd.

Sharma, R. A. (2001), Fundamentals of Guidance and Counseling. Meerut: R. Lall Book Depot.

Sharma, S. R. (2016). Guidance and Counseling: An Introduction. Vinod Pustak Mandir, Agra.

Taneja, V. R. (1972). First Course in Guidance and Counseling. Chandigarh: Mohindra Capital Publishers.

Clinical Diagnosis/ Psychotherapeutic Counseling.

Brewer, K. (2001). Clinical Psychology. Oxford: Heinemann Educational Publishers.

Corey, G. (2009). Theory and Practice of Counseling and Psychotheraphy. (8th ed.). Belmont, C. A: Brooks/ Cole.

Culari, S. (1998). (Ed.) Foundations of Clinical Psychology. New York: Allyn & Bacon.

Kapur, R. L. (2002). Can Indian Spiritual Practices be used in Psychotherapy? Unpublished Manuscript. Banglore: National Institute of Advanced Studies.

Kakkar, S. (2003). Psychoanalysis and Eastern Spiritual Healing Traditions, Journal of Analytical Psychology, 48,659-678.

Misra, G. (2010). Psychology in India Volume 3: Clinical and Health Psychology, Pearson Education; First Edition.

Neitzel, M. T., Bernstein, D. A. & Millich, R. (1998). Introduction to Clinical Psychology (5th ed.). Upper Saddle River, New Jersey: Prentice Hall.

Nystul, M. S. (2015). Introduction to Counseling: An art and science perspective. SAGE Publications.

Page, A. C. & Stritzke, W. G. K. (2006). Clinical Psychology for Trainees: Foundations of Science informed Practice. New York: Cambridge University Press.

Pandey, A. (Inpress). Psychotherapy and Indian Thought. In Cornelissen, M., Misra, G. & Verma, S. (Eds). Foundations of Indian Psychology: A Handbook, New Delhi: Pearson.

Pfeiffer, S. J. (Ed.) (1985). Clinical Child Psychology. London: Grime and Statton Inc.

Planate, T. J. (2005). Contemporary Clinical Psychology, New Jersey, John Wiley & Sons.

Rappaport, D., Gill, M., M. & Schafer, R. (1968). Diagnostic Psychological Testing. (Revised edition, edited by Holt, R. R.). New York, International Universities Press.

Reeves, D. & Wedding, P. (1990). The Clinical Assessment of Memory: A Practical Guide. New York: Springer Publishing Company.

Sinha, D. (1990). The Concept of Psycho-Social Well-Being: Western and Indian Perspectives. National Institute of Mental Health and Neurosciences Journal, 8, 1-11.

Spiegler, M. D. (2015). Contemporary Behavior Theraphy, 6th Edition, Cengage Learning.

Waters, J. (1964). Techniques of Counseling. McGraw Hill Book Co., Inc. New York.

Organizational behavior / Human Resource Management

Aamodt, M.G. (2001), Industrial / Organizational Psychology, New Delhi: Cengage.

Bhatnagar, J. & Budhwar, J. (2009). The changing Face of People Management in India. London: Routledge.

Briscoe, D. R., Schuler, R. S. & Claus, L. (2009). International Human Resource Management: Policies and Practices for Multinational Enterprises (3rd Ed.) New York: Routledge.

Chadha, N. K. (2005). Human Resource Management- Issues, Case Studies and Experiential Exercises. (3rd Ed.) New Delhi: Sai Printographers.

DeCenzo, D. A. & Robbins, S. P. (2006). Fundamentals of Human Resource Management (8th Ed). New York, Wiley.

Greenberg, J. & Baron, R. A. (2007). Behavior in Organizations (9th Ed.). India: Dorling Kindersley.

Griffin, R. W. & Moorhead, G. (2013). Organizational Behavior Managing People and Organizations. South-Western College Pub; 11th edition.

Landy, F. J. & Conte, J. M. (2007). Work in the 21st Century: An Introduction to Industrial and Organizational Psychology. New York: Wiley Blackwell.

Luthans, F. (2005). Organizational Behavior (12th Ed.) New York: McGraw Hill.

Luthans, F. (2017). Organizational Behavior: An Evidence, McGraw Hill Education, Twelfth Edition.

Mc Shane, S. L., Glinow, M. A. V. & Sharma, R. R. (2006). Organizational Behavior. Tata McGraw Hill Publishing Company Ltd. New Delhi.

Muchinsky, P. M. (2006). Psychology Applied to work: An Introduction to Industrial and Organizational Psychology. Belmont, CA Thomson/ Wadsworth. 2006.

Pareek, U. & Khanna, S. (2011). Udai Pareek's Understanding Organizational Behavior, Oxford University Press; 3 Edition.

Prakash, A. (2011). Organizational Behavior in India; An Indigenous Perspective in G. Misra (Ed.), Handbook of Psychology. New Delhi: Oxford University Press.

Riggio, R. E. (2003). Introduction to Industrial/ Organizational Psychology (4th ed.), New Jersey, Prentice Hall.

Robbins, S. Judge, T. A., & Sanghi, S. (2009). Organizational behavior (13th Ed.). New Delhi: Pearson Education.

Robbins, S. P., Judge, T.A. & Vohra, N. (2016). Organizational Behavior. Pearson Education; Sixteenth edition.

Sinha, J. B. P. (2008), Cultural and Organizational Behavior. New Delhi: Sage.

Singh, K. (2010). Organizational behavior: Texts and Cases, India: Dorling Kindersley.

Spector, P. E. (2016). Industrial and Organizational Psychology: Research and Practice. Wiley.

Tripathi, P. C. & Reddy, P. N. (2017). Principles of Management. McGraw Hill Education; Sixth Edition.

Hindi
1. Singh, A. K. (2012), Ucchatar Samanya Manovigyan: Advanced General Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
2. Singh, A. K. & Singh A. K. (2015), Vyaktitva ka Manovigyan: the Psychology of Personality. Motilal banarasidas Publishers Pvt. Ltd. New Delhi, India.
3. Singh, A. K. (2015), The Comprehensive History of Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
4. Singh, A. K. (2015), Ucchatar Samanya Manovigyan: Advanced General Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
5. Singh, A. K. (2016), Ucchatar Naidainik Manovigyan: Advanced Clinical Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
6. Singh, A. K. (2016), Adhunik Asamanaya Manovigyan: Modern Abnormal Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
7. Singh, A. K. (2017), Tests, Measurements and Research Methods in Behavioral Sciences, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
8. Singh, A. K. (2017), Skiksha Manovigyan, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
9. Singh, A. K. (2012), Manovigyan, Samajshastra tatha Skiksha mein Shodh Vidhiyan: Research Methods in Psychology, Sociology and Education. Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
10. Singh, A. K. (2017), Sangyanatamak Manovigyan: Cognitive Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
11. Singh, A. K. (2017), Samaj Manovigyan ki Rooprekha: An outline of Social Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
12. Singh, A. K. (2017), NeuroManovigyan ke Mooltattva: Fundamentals of NeuroPsychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
13. Suleman, M. (2014). Uchatar Samaj Manovigyan: Advance Social Psychology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
14. Suleman, M. (2014), Uchatar Shiksha Manovigyan: Advance Educational Psychology. Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
15. Suleman, M. (2015). Samanya Manovigyan: Mool Prakriyain evam Sangyanatamak Prakriyain: General Psychology: Fundamental Processes and Cognitive Processes. Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.

16. Suleman, M. & Choudhary, V. K. (2014). Ahunik Audhyogik Evam Sangathanatamak Manovigyan: Modern Industrial And Organizational Psychology. Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
17. Suleman, M. & Kumar, D. (2016), Sangathanatmak Vyavahar: Organizational Behavior Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
18. Suleman, M. & Kumar, D. (2017). Manorog Vigyan: Psychopathology, Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.
19. Suleman, M. (2018). Manovigyan, Shiksha evam anya Samaajik Vigyanon mein Samkhyikee: Statistics in Psychology, Education and Other Social Sciences. Motilal Banarasidas Publishers Pvt. Ltd., New Delhi, India.